### DID YOU KNOW...

Council's website at Full details about our school meals can be found on the

-and-learning/school-meals www.argyll-bute.gov.uk/education

of having a balanced choice. also gives them an understanding to the menu's development, and it that pupils are able to contribute Pupil Focus Groups, to ensure parents have also contributed to them. We run a programme of pupils, through consultation with The menu is designed largely by its development. Teaching staff, catering staff, and

farm assured meals. freshly made, sustainable and Bronze Award, which promotes required by the Soil Association The menu meets the standard for Life Served Here

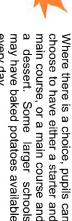


A selection of fresh fruit is available every day

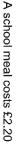
Yoghurt is always available as an alternative dessert

vegetables and a salad selection is available Bread, carbohydrate selection, seasonal every day

We welcome any feedback you may have: if you have any catering@argyll-bute.gov.uk information, please visit our suggestions, or require any website or contact us



may have baked potatoes available main course, or a main course and a dessert. Some larger schools is making any substitutions, they school changes a dish, to suit the every day. needs of their pupils. If your school There may be occasions where a choose to have either a starter and



will let you know.

purchased: 10p for 189ml Water is available, and milk can be

# Allergies and Special Diets:

needs. Full allergy and recipe informade to accommodate your child's awareness, and every effort will be office and complete a Special Die diet, please contact the schoo www.argyll-bute.gov.uk/primarymation is available for all dishes at managers are trained on allergy Request Form. If your child has requires a special school-meals-menu ≧ catering

All eggs are free range

Stewardship Council certified All fish served is Marine

all meat and poultry is UK Farm All beef served is Scottish and Assured \* except haggis

Primary 3 are now entitled All pupils in Primary 1 to a free school meal. For more information,

please contact the school



- ESTEET -



Week One		Week Two	Week Three
Soup of the Day Chicken Curry Or Homemade M Selection of Frui	Soup of the Day Chicken Curry Or Homemade Macaroni Cheese (v) Selection of Fruit and Yoghurt	Soup of the Day Tomato and Cheese Pizza with Peppers (v) Or Beef Meatballs in Gravy Winter Fruit Salad	Soup of the Day Breaded Goujons in a Wrap Or Quorn Meatballs (v) Ice Cream and Fruit
Soup of the Day Selection of Toasties, Or Pork Sausage and Ice Cream and Fruit	Soup of the Day Selection of Toasties/Panini's and Soup (v) Or Pork Sausage and Potato Bake and Gravy Ice Cream and Fruit	Theme Day!	Red Pepper and Tomato Dip with Pitta Bread Margherita Pizza (v) Or Homemade Beef Lasagne Winter Fruit Salad
Bruschetta Vegetable Fried Ric Or Haggis, Neeps a Winter Fruit Salad	Bruschetta Vegetable Fried Rice (v) Or Haggis, Neeps and Tatties Winter Fruit Salad	Soup of the Day Homemade Macaroni Cheese (v) Or Toad in the Hole Ice Cream and Fruit	Soup of the Day Roast Chicken, Gravy and Yorkshire Pudding Or Veggie Fingers (v) Selection of Fruit and Yoghurt
Homemade Steak Pie Or Quorn Dippers (v) Homemade Apple Spo	Homemade Steak Pie Or Quorn Dippers (v) Homemade Apple Sponge and Custard	Soup of the Day Spaghetti Bolognaise Or Vegetarian Fajita (v) Selection of Fruit and Yoghurt	Gammon Steak Or Vegetable Enchilada's (v) Homemade Apple Crumble and Custard
Soup of the Day Breaded Fish Or Pasta Carbonara Orange Slices	y	Spring Rolls Breaded Fish Fingers Or Homemade Quiche (v) Cheese and Oatcakes	Soup of the Day Salmon Or Beef or Quorn Burger (v) Fruit Cupcake

### DID YOU KNOW...

Full details about our school meals can be found on the Council's website at

www.argyll-bute.gov.uk/education <u>-and-learning/school-meals</u>

A two course meal is £2.20

school-meals-menu



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We welcome any feedback you may have: if you have any suggestions, or require any information, please visit our website or contact us catering@argyll-bute.gov.uk

A selection of fresh fruit is available every day

Yoghurt is always available as an alternative

vegetables and a salad selection is available Bread, carbohydrate selection, seasonal every day



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Friday	Thursday	Wednesday	Tuesday	Monday	
Soup of the Day Breaded Fish	Homemade Steak Pie Homemade Apple Sponge and Custard	Vegetable Fried Rice (v) Winter Fruit Salad	Soup of the Day Pork Sausage and Potato Bake and Gravy	Soup of the Day Chicken Curry	Week One
			_		
Breaded Fish Fingers Cheese and Oatcakes	Soup of the Day Spaghetti Bolognaise	Soup of the Day Homemade Macaroni Cheese (v)	Theme Day!	Soup of the Day Tomato and Cheese Pizza with Peppers (v)	Week Two
Soup of the Day Salmon	Gammon Steak Homemade Apple Crumble and Custard	Soup of the Day Roast Chicken, Gravy and Yorkshire Pudding	Margherita Pizza (v) Winter Fruit Salad	Soup of the Day Breaded Goujons in a Wrap	Week Three